



## Early Intervention Program for Children (EIP)\*

Development of children's MIND, BODY and CHARACTER

***\*This EIP also includes professional development  
& SPED training for staff & teachers***

The Cee Bee Center (CBC) started this Early Intervention Program (EIP) for the 1st time in Japan at Mihato Kindergarten in Zuiko, Higashi Yodogawa-ku, Osaka city, in May 2017. The program has continued to be run successfully at this kindergarten till date and has proved to be very helpful in addressing and improving the self-confidence, behavior, attitude, concentration, communication, social skills and overall performance of every child in this program. It has also raised their levels of effort and participation in all aspects of activities and education at the kindergarten.

### Does your child have any of these problems?

- o Doesn't know left from right
- o Can't or doesn't want to mimic, copy or imitate words & actions
- o Has no self-confidence
- o Doesn't interact easily with people outside their family
- o Struggles with separation anxiety
- o Loses skills they previously had
- o Doesn't use gestures, such as shaking their head "no" and pointing
- o Mumbles and grumble or gets angry very easily at others
- o Doesn't talk or repeat things when asked to
- o Has trouble scribbling and using their hands and fingers properly
- o Can't balance on one leg, catch or throw a ball or hop, skip and jump, roll or crawl properly
- o Doesn't play make-believe
- o Can't sit still for at least 3-4 minutes or fidgets, moves all the time while sitting or can't sit up straight
- o Avoids eye contact
- o Is distracted very easily, can't concentrate or seems to be dreaming or in another world
- o Can't climb stairs with alternating feet
- o Always seems to be on the move, can't stand still and always want to move or run around most of the time
- o Excessively balks at basic self-care, like getting dressed, eating or going to sleep
- o Is very quiet most of the time, sits alone by themselves, does not participate in group activities
- o Doesn't use more than three words in a sentence or isn't able to complete a sentence
- o Talks in a very low or soft voice which can't be heard or is often difficult for strangers to understand when they talk
- o Doesn't respond to noises or smiles or covers their ears with their hands when they hear certain pitch sounds
- o Doesn't understand or follow any instructions given
- o Has no interest in doing anything other than what they like

## What is EI?

Early Intervention (EI) helps babies, toddlers and young children with developmental delays, disabilities, physical, social, behavioral or communication problems. It addresses any retained primitive reflexes in the child that prevent the development of the postural reflexes which in turn directly affect their behavior, social communication and learning ability. It focuses on helping each child learn at their own pace basic skills and postural reflexes that typically develop during the first three years of life.

## Our Early Intervention Program addresses:

1. Physical intervention (reaching, rolling, crawling, walking, jumping, catching, throwing, left and right brain and body coordination, center-line balance, etc.);
2. Cognitive (thinking, learning, problem solving, attention span, etc.);
3. Behavior and communication (talking, listening, understanding, interaction with peers and adults, etc.);
4. Social/emotional (playing, feeling secure and happy, responding to and asking questions, appropriate behavior, self-confidence, etc.)
5. Self-help and activities of daily living (eating, dressing, grooming, playing, washing, etc.)
6. Proprioception

## What is our Early Intervention Program (EIP)?

- This is the first time in Japan that such an Early Intervention program is being offered to nurseries, kindergartens, schools and day care centers, around Japan. Our goal is to spread this program all around Japan so that it becomes a regular part of the school's teaching system such as other subjects like P.E. Music, etc.
- This program benefits not only children with developmental delays, disabilities, physical, social or communication problems BUT also any and all children because it helps to build on and strengthen the foundation of every child's life skills and raises the child's overall levels and capabilities in learning.
- In this program we use the 'Move to Learn'© program [Australia] as the base and supplement it with 'Cee Bee's very own developed 'ACE'© (Activity Communication & Exercise) program [Japan] and the 'Me Moves'© Program from the U.S.A.
- The 'Move to Learn' ©(MTL) program (Australia), has been developed over the last 30 years and is being practiced in many schools, establishments and homes in Australia. It has also spread around the world to countries such as the U.K. the U.S.A., France, Switzerland, Poland, South Africa, New Zealand, Japan, Malaysia, Singapore, and Thailand.

- The 'Activity, Communication & Exercise' (ACE)© program in Japan, has been developed over the last 12 years by Mr. Cecil Burton, Director of the CBC.
- The 'Me Moves'© program (U.S.A.) is being practiced in many schools, establishments and homes in the U.S.A. and around the world. It has proved to be very effective in addressing the coordination of both sides of the brain and body, improving focus and concentration and producing a calming effect in a child through its movements.
- All these programs i.e. MTL, ACE and MeMoves include fun-filled graded physical and mental exercises and activities for children that can be done with just one child or a small or large number of children, in large and small spaces.
- We use these three programs as the foundation to providing education and therapy programs for an individual child or groups of children with special education needs.
- We also conduct training programs and workshops to help and support parents and teachers of special needs children.

### How will the EIP help your child?

- It helps to develop and improve the child's body and brain functions, by co-relating the left and right sides of the brain to co-ordinate and work together with the body in every aspect of physical and mental development, motor skills, body movement, and thinking. However more importantly it helps develop and address Social and Emotional Learning, Character Building, Education and Learning Skills, and Behavior in a child.
- It will help to develop and raise the levels of a child's...
  - body awareness→
  - body center line balance→
  - self-confidence→
  - brain & body coordination→
  - coordination & communication between the left and right sides of the brain
  - behavior
  - gross and fine motor skills→
  - spatial awareness & spatial skills
  - cognitive skills→
  - vestibular stimulation→
  - body movement & rhythm
  - concentration→
  - social communication skills→
  - proprioception→
  - etc.

### How often do you have to do it?

This program can be done for as little as 15 to 60 minutes a day depending on the number of children doing it and if you want to see positive results then it should be done for at least 5 days a week, for a minimum period of 6-12 months and then continued with various adaptations and further movements and activities based on the child's progress, growth and abilities. The most important point in the EIP program is that it should be continued to be done even when the child seems to have improved, so that the child can develop and improve even further.

## Where can you do it?

- Where you do it would depend on the number of children you do it with;
- Teachers can do this program with a few students or a large group of students by creating an open space in their classroom or in a larger area like a hall or gym at school,
- Supporters of special education needs children can do it in any open room or area in their establishment.
- Parents can do this program with one or a couple of children by opening up some space between the furniture in the living room of their own home.

***If you wish to implement this program in your NURSERY, KINDERGARTEN, SCHOOL or DAY CARE CENTER then call or email us and we will send you further details of the program and set up a meeting with you for more detailed discussion.***

**Mr. Cecil Burton - Director - Cee Bee Center – Japan**